

5 TIPS TO TACKLE TEST DAY

Follow these helpful tips and strategies to conquer any test!



1

PREVIEW AND PLAN

Preview the entire exam to get an idea of its length and structure.

Use your time wisely and make sure to pace yourself throughout the test.

2

READ DIRECTIONS CAREFULLY

Carefully read and understand all directions before starting each section or question.

Pay attention to details, like whether you need to select one answer or multiple answers or any other specific requirements.

3

MANAGE YOUR STRESS

Practice deep breathing to calm your nerves and visualize success.

Take breaks if needed and remember to stay positive and confident in your abilities.

4

USE TEST-TAKING STRATEGIES

Use educated guessing and process of elimination.

If you're unsure about a question, mark it and come back to it later.

If you're low on time, don't leave it blank — take your best guess based on your knowledge and reasoning skills.

5

REVIEW YOUR WORK

After completing the test, review your answers carefully.

Double-check for any errors or missed questions.

**When in doubt,
go with your gut!**